

Range: **Cardio**  
 Model No: **AVUS-10401**  
 Model: **C-21 Bike**  
 Barcode: **885652014380**

Barcode (USA):  
 Adidas article **EY4522**  
 Shipment Port: **Ningbo, China**

Country of Origin: **China**

Estimated Shipment Date: **January 01, 2021**

Product Category: **Bikes**



USP 1

**Create Energy**

The adidas C-21 exercise bike comes fully equipped to help build cardio endurance and target lower body muscles without causing impact strain on sensitive joints. Featuring a solid 9 kg / 20 lb flywheel, 24 levels of electronic resistance and 12 varied fitness programmes, plus 4 user programmes, the C-21 is ideal for steady-state and interval training, with the functionality for sprint and high-resistance workouts.

Built around a self-generating motor, you are the one that creates energy and powers the C-21's impressive features. No need for a power adapter, tangled wires or restrictive plug sockets, you have the power and freedom to train anywhere in your home. With built-in transport wheels and grip bar, it's even easier to move the bike around your home as you wish.

Featuring an intuitive console with a clear liquid crystal display, the C-21 gives you all the control you need over your workout. With live performance feedback including capturing rider performance via the hand pulse sensors and supplied heart rate chest strap, you can easily keep track of speed, time, distance, calories, pulse, watts, RPM and resistance over the course of your session. Complete with tablet holder, built-in speakers and Bluetooth connectivity, the C-21 links to your phone or tablet, allowing you to power through workouts while listening to your favourite tracks or watching the latest movies and boxsets.

USP 2

Fitted with a wide, densely padded and fully adjustable saddle, the C-21 gives you free-reign over your riding position, promoting better form, reducing irritation and maximising comfort. The all-important water bottle holder is within easy reach and means you can stay hydrated as you clock up the miles.

BULLET POINTS

12 fitness programmes + 4 custom workouts offer a variety of challenges to keep you motivated  
 24 levels of electronic resistance allow you to tailor the intensity of your ride  
 9 kg / 20 lb flywheel creates a smooth cycling motion for consistent cadence  
 Built-in transport wheels and grip bar make it easier to move the bike around your home  
 Console feedback includes speed, time, distance, calories, pulse, watts, rpm and resistance  
 Floor level adjustment ensures the bike is stable for a better riding experience  
 High grip pedals with adjustable straps provide further comfort when riding  
 Integrated hand pulse sensors measure and feedback your pulse  
 Integrated speakers with Bluetooth connectivity - workout to your favourite tracks and movies  
 Intuitive console with clear LCD screen gives you complete control over your workout  
 Saddle height ranges from 67 cm - 92 cm / 26.3" - 36.2" to suit all rider heights  
 Self-generating motor – no power adapter, no wires, no sockets, just you and the bike  
 Setup dimensions: (L) 107 x (W) 57 x (H) 147 cm / (L) 42.1" x (W) 22.4" x (H) 57.8"  
 Signature adidas Ultra Series red LED lighting powers up when you create energy  
 Solid, dependable build quality results in a high maximum user weight of 150 kg / 330 lb  
 Supplied chest strap provides accurate heart rate data to the bike  
 Tablet and phone holder built into the console provides optimum viewing angle  
 Water bottle holder within easy reach to help keep you hydrated during exercise  
 Wide, densely padded comfort saddle with vertical and horizontal seat adjustment



SETUP DIM. (cm)

107 (L) x 57 (W) x 147 (H)

TRANSPORT WHEELS

Yes

FOLDING ACTION

N/A

USER WEIGHT LIMIT (Kg)

150 Kg

MAX LOAD (Kg)

N/A

MOQ

48

20ft CONTAINER QTY

116

40ft CONTAINER QTY

240

QTY. IN 40ft HQ	280
ASSEMBLY REQUIRED	Yes
% ASSEMBLED WHEN SHIPPED	50%
MINIMUM AGE	14

GENERAL SPECIFICATION	
FRAME MODEL NAME	C-21 Bike
BRAKE SYSTEM	Electronic computer control
LEVELS OF RESISTANCE	24
FLYWHEEL WEIGHT (Kg)	9 Kg
FLYWHEEL INERTIA (Kg)	12 Kg
PEDAL SPEC.	9/16", Black
GEAR RATIO	289:36
CRANK TYPE	9/16"-170L
HANDLEBAR SPEC.	Ø25.4*2T
UPRIGHT TUBE TYPE	40*80*2T*900L
STABILIZER TUBE TYPE	40*90*1.5T*510L
SPEAKER SPEC.	4Ω 3W
SEAT ADJUSTMENT	Vertical / Horizontal
SEAT HEIGHT	67 - 92 cm.
SADDLE TYPE	SB-27

COMPUTER & PROGRAMMES	
COMPUTER SPEC.	YM6687
LCD BACKLIGHT	N/A
<b>PROGRAMMES (20)</b>	Manual Target Time Target Distance Target Calories Recovery 12 Preset programmes Target Pulse KM/MI User Profile(U1-U4)
<b>FEATURES (11)</b>	Hand Pulse Sensor Chest Strap Included Speakers Water Bottle Holder Transport Wheels Floor Level Adjustment Self-Generating Power MP3 Connectivity iPad Connectivity via bluetooth Quick Resistance Keys Adjustable Foot Straps
<b>FUNCTIONS (8)</b>	Speed Time Distance Calories Pulse Watts RPM Resistance

COLOURS	
FRAME	adidas Constant - 095A - Black (BLACK C)
CONSOLE HOUSING	adidas Constant - 095A - Black (BLACK C)
CHAIN COVER	adidas Constant - 095A - Black (BLACK C)
DRESS COVER	Silver
SEAT ADJUSTMENT COVER	Black
UPRIGHT LOWER COVER	Black
HIGHLIGHT COLOUR	Red
SADDLE	Black

COMPONENTS	
FRAME	Main body CM:

WARRANTY	
LABOUR	2 years
GENERAL	2 years

MASTER CARTON PACKAGING INFORMATION	
PAPER/CARD WASTE	3053g
PLASTIC WASTE	149g
POLYSTYRENE WASTE	1000g
PALLET TI (Cartons per layer)	
PALLET HI (No. layers)	
PALLET SPEC.	
COMMODITY CODE	9506911000
HTS CODE	9506.91.0010

MASTER CARTON 1 OF 1	
QTY. RETAIL CARTONS	1
DIMENSIONS (cm)	117 (L) x 30 (W) x 66 (H)
VOLUME (CUBIC M)	0.23166
VOLUME (CUBIC FT)	8.180951371967
NET WEIGHT (Kg)	43.9 Kg
GROSS WEIGHT (Kg)	48.5 Kg

POWER SUPPLY	
BATTERIES REQUIRED	Yes
MAINS POWER REQUIRED	No
WEIGHT OF ELECTRONICS (g)	1736g

BATTERY 1	
QUANTITY REQUIRED	7
BATTERY TYPE	Cylinder
BATTERY SIZE	AA
BATTERY MATERIAL	Nickel Metal Hydride
BATTERY WEIGHT (g)	27g
TOTAL BATTERY WEIGHT (g)	189g
BATTERY MANUFACTURER	
BATTERY CAPACITY (mAh)	2200
BATTERY LIFE EXPECTANCY (Months)	